

# **Competency-Based Training (CBT)**

An Introductory Manual for Practitioners in Arab States

# What is a CBT Approach?

CBT is a **structured training** and assessment approach that allows individuals to acquire the skills, knowledge, and attitudes to perform simple or complex tasks to a specified standard.



The competency-based training (CBT) approach to TVET is highly effective to ensure that training programmes remain relevant to the labour market.

# focused





the conditions in which they are to perform these tasks and duties;



the standard to which they are to perform.

## How to recognize a successful CBT Programme\*?



Theoretical and practical training **sessions** are shaped around the list of agreed knowledge, skills and attitudes.



Competencies are derived from an **occupational** analysis.

Completion of a CBT programme is based on the satisfactory mastery of all competencies to the standard of a **real** 

workplace environment.



on



provide guidance to TVET:

- developers
- · administrators · instructors



design, deliverv. and assessment of CBT programmes for lower to mid-level skilled

occupations

## What are the benefits of CBT?

#### For employers









#### For trainees

to the labour market.



- to **facilitate recruitment** by identifying the required competencies and standards.
- to design, implement and asses training programmes.
- to **provide greater flexibility** in assigning work with the competency-based job descriptions, and allow jobs that require similar competencies to be grouped together.
- to **build organizational capacity** and facilitate staff development by identifying the exact skills that require improvement.
- to support trainees for mastering specific skills relevant
- to identify transferable skills that can be used in different workplaces, improving employability and easing the transition from training to work, and mobility in the labour market.
- to facilitate international and regional accreditation of training programmes.
- to offer participants more flexible learning options. Trainees also may be given the opportunity to self-assess and correct their performance as they develop.

# Key Steps in developing a competency-based training

# **Identifying priority**

- 1: Skills needs assessment.
- 2: Training needs analysis.

### **Developing a CBT** programme

- 6: Defining the curriculum.
- 7: Developing learning tools.
- 8: Designing CBT for workplace-based learning.

## **Keeping CBT relevant**

- 14: Monitoring and evaluating CBT.
- 15: Conducting a validation study.
- 16: Undertaking graduate tracer studies and satisfaction surveys.



occupations









## **Identifying competencies**

- 3: Identifying competencies using occupational analysis.
- 4: Verifying the occupational profile.
- 5: Developing competency standards.

## Delivering, assessing and certifying a CBT programme

- 9: Managing the administrative aspects of CBT.
- 10: Implementing effective learning for CBT.
- 11: Managing the learning process.
- 12: Understanding and designing assessments.
- 13: Conducting final assessments and certifying learners.



<sup>\*</sup> A training programme is considered fully competency-based if it has the aforementioned characteristics.